

DRIVER RESPONSIBILITY (W113) COURSE OVERVIEW

COURSE OBJECTIVE

To teach cognitive driving skills. The course was designed for all drivers, regardless of age, who has exhibited a lack of proper driving values, attitude, and behavior.

COURSE CONCEPTS

UNIT 1: *DRIVER VALUES* - The reason for most driver problems is driver values.

UNIT 2: *DRIVER RESPONSIBILITY* - If you are not responsible for your actions, who is?

UNIT 3: *LAWS AND CONSEQUENCES* - A society without laws is not a society.

UNIT 4: *ANGER AVOIDANCE* - Angry drivers drive with a full anger flask.

UNIT 5: *EMOTIONAL FACTORS* - Strong emotions impede driving ability.

UNIT 6: *DRIVING WITH SKILL* - Thirteen factors that cause accidents.

UNIT 7: *DRIVING UNDER THE INFLUENCE* - A recipe for disaster.

UNIT 8: *HOW TO CHANGE* - Driver awareness is the first step to change.

COURSE SUGGESTIONS

This is perhaps the only traffic workbook in the nation that combines cognitive restructuring with traditional traffic curriculum. Notice that the workbook spends a lot of time and effort in the cognitive domain to challenge driver faulty thinking, and less in the affective domain.

One of the highlights in the workbook is Unit 5 that covers emotional factors, as well as Unit 6 that covers physical factors. Each unit sets the stage for the next unit and as a whole focuses on the motto, which is: If we keep on thinking the way we have been thinking, we will keep on getting what we have been getting. If we want to change what we have been getting, we will have to change what we have been thinking.

COURSE CRIMINOGENIC NEEDS MET

(1) Antisocial cognitions (2) Antisocial personalities (3) Education

COURSE REVIEW QUESTIONS

- Why do driver values, attitudes, and behaviors cause more accidents than driver skills?
- Why are traffic schools that teach only defensive driving techniques less effective?
- What is the best way to handle difficult drivers?
- Why are drivers with many traffic tickets and accidents difficult to deal with?
- What could happen if more and more drivers decide not to obey traffic laws?
- What are some factors that could reduce your stopping distance?
- Who makes the worst drivers?
- Is driving a privilege or a right?
- What are some of the worst driving distractions?

EXIT TEST

- 1. doesn't know right from wrong.
- 2. proper values, attitudes, and behaviors.
- 3. observing their actions.
- 4. both of the above.
- 5. their behaviors are in line with their values.
- 6. because they refuse to change.
- 7. they have chosen to be dishonest.
- 8. because they are more concerned with self.
- 9. ignore them and don't make eye contact.
- 10. changing my values, attitudes, and behaviors.
- 11. 100 tons.
- 12. a secondary emotion.
- 13. you could save 3 minutes.
- 14. 275 feet
- 15. they are in the wrong place at the wrong time.
- 16. both of the above.
- 17. he was bored; wanted excitement and acceptance.
- 18. Awareness
- 19. recognize and live the truth.
- 20. you didn't complete the workbook.