

SEX OFFENDER (W123) COURSE OVERVIEW

COURSE OBJECTIVES

To challenge faulty thinking and self-defeating behaviors associated with sex offenses. To help offenders overcome excuses and justifications for their behavior.

COURSE CONCEPTS

UNIT 1: *BEGINNINGS* - To understand the present, we have to understand the past.

UNIT 2: *CONSEQUENCES* - For every choice there is a consequence.

UNIT 3: *RIGHT vs. WRONG*-We can tell right from wrong by the results.

UNIT 4: *GROWTH vs. DECAY* - Where we live is a choice.

UNIT 5: *PORNOGRAPHY* - Can hijack your brain and addict you.

UNIT 6: *SEX ADDICTION* - Sexual addiction is a descent into decay.

UNIT 7: *ANGER AVOIDANCE* - Addicted people lack empathy for others.

UNIT 8: *SELF-DECEPTION* - Self-deceived people communicate disdain.

UNIT 9: *RELATIONSHIPS* - Anything broken can be repaired.

UNIT 10: *SUCCESS IN LIFE* - Is determined by your thoughts.

COURSE COMMENTS

This sex offender course could be a stand alone program for minor sex offenders. However it was not intended to stand alone for serious sex offenders. For serious offenders it could be used as an excellent cognitive component to traditional therapy. If sex offenders keep on thinking what they have been thinking, they will keep on doing what they have been doing and keep on getting what they have been getting. If sex offenders remain in denial then no progress can be made.

COURSE CRIMINOGENIC NEEDS MET

(1) Antisocial cognitions (2) Antisocial companions (3) Antisocial personalities
(4) Family relationships (5) Addictions

COURSE REVIEW QUESTIONS

- How do sex offenders begin their path into decay?
- What message do sex offenders send to their victims?
- What can happen to a person when their body parts are violated?
- What is the difference between healthy and unhealthy sex?
- What is your definition of a sex addict versus occasional viewer?
- What does it take for a sex addict to recover and not repeat?
- Why do sex offenders lose their freedom and live in captivity?

EXIT TEST

1.
 137 people
2.
 None
3.
 programming
4.
 doesn't know right from wrong.
5.
 actions.
6.

 observing what it produces, the results.
7.

 Collie
8.
 denies the truth and blames others.
9.

 sex therapist.
10.
 10 step program.
11.
 April
12.
 avoid it.
13.
 both.
14.
 resistant people.
15.
 not being able to see the truth of self.
16.
 zone of hostility.
17.
 Arizona.
18.
 a secondary emotion.
19.
 choose to be there.
20.
 we have to change what we are doing.