



COURSE OVERVIEW

Gun Safety and Awareness

ITEM #W 130



COURSE DESCRIPTION

This Gun Safety and Awareness course is designed for anyone who needs to take a closer look at their choices around firearms—whether you’ve had a close call, been caught in a risky situation, or simply want to do better moving forward. Gun safety and awareness is about more than rules; it’s about understanding consequences, recognizing triggers, and making decisions that protect your future.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Personal safety
- Personal & social responsibility
- Positive subconscious thoughts
- Pro-social values
- Self-awareness
- Community building



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a coach or mentor.
- **Group**—To be completed in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.



COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
 Course Format: eLearning and Printed Workbook
 Item Number: W 130
 eLearning Length: 497 Slides
 Scientific Model: Cognitive Restructuring



COURSE CONTENT

Unit 1: Why Guns?

Become aware of the underlying reasons for carrying.

Unit 2: The Subconscious Mind

Demonstrates how thoughts precede behaviors.

Unit 3: Avoiding Triggers

At the heart of each trigger is a human need.

Unit 4: Guns Change Everything

The presence of a gun doesn't just affect a single moment.

Unit 5: Gun Laws and Consequences

If we keep on doing what we have been doing, we will keep on getting what we have been getting.

Unit 6: Humanity

Recognize that others are just as important as I am.

Unit 7: Decision Making

Learning to make positive, informed decisions.

Unit 8: Building a Safer Future

Create a Relapse Prevention Plan.



CRIMINOGENIC NEEDS MET

Antisocial cognitions
 Antisocial companions
 Antisocial personalities
 Social and Emotional Learning



LEARNING ACTIVITIES

- Self-assessments, Role playing
- Scenario-based learning
- Journaling
- Application and skill building