

## BRIEF BOUNDARIES COURSE (BIC311)

# Boundaries

## COURSE DESCRIPTION

The ***Boundaries*** Brief course was designed as prevention to help students become safer and more self aware of their own and others boundaries. We have a responsibility to respect and care for ourselves and others. Every human being has the right to be respected.

## LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Increase student understanding of their rights.
- Students will be able to more readily identify and respond in the instance of boundary breaking.
- Social Responsibility
- Personal Safety
- Positive Thinking Skills

## RECOMMENDED USES

- Self-Directed—Student does most of the course work independently with a coach or mentor.
- Group—To be completed at school in a group format with a facilitator.
- Hybrid—A combination of self directed learning and group instruction.
- Live Instruction—Facilitator led digital curriculum, suitable for both in class or virtual.

## COURSE INFORMATION

**Author and Publisher:** ACCI Lifeskills
**Course Format:** eLearning
**Item Number:** BIC 311
**eLearning Length:** 64 Slides
**Scientific Model:** Cognitive Restructuring

## STANDARDS MET

MTSS Tier 2

PBIS

Restorative Practices

Evidence-based Practices

## eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images

## PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

*Respect Yourself.*
*Respect Others.*