



BRIEF INTERVENTION COURSE (BIC 324)

Initiative



COURSE DESCRIPTION

The *Initiative* Brief course empowers young teens by helping them discover and nurture their motivation to become their best selves. The course equips students with coping strategies to address the roots of apathy, while fostering grit and resilience through self-discovery and positive thinking skills. Students will learn to set meaningful goals, identify their strengths, measure success, and ultimately find purpose and direction in their lives.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Students will explore their level of motivation
- Students will explore the concept of apathy
- Positive thinking skills.
- Ownership of learning and development
- Opportunity and growth
- Personal responsibility



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a parent or mentor.
- **Group**—To be completed at school in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.
- **Blended Learning**—A combination of online and offline curriculum



COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
 Course Format: eLearning
 Item Number: BIC 324
 eLearning Length: 72 Slides
 Scientific Model: Cognitive Restructuring



STANDARDS MET

MTSS Tier 2
 Social and Emotional Learning
 Restorative Practices



eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images



PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

Be your best!