

BRIEF INTERVENTION COURSE (BIC 319)

Substance Abuse Prevention

COURSE DESCRIPTION

The *Substance Abuse Prevention* Brief course is designed to help students become aware of harmful substances that are becoming available to students. Students are presented with the difference between casual use and addiction and the corresponding consequences in case scenarios based on true stories. The course also acknowledges some common reasons for heavy drug use, and insights for living a life free of substance abuse.

LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Increase understanding of addictions and the corresponding consequences
- Develop drug abuse Prevention Skills
- Develop positive and pro-social thinking skills

RECOMMENDED USES

- Self-Directed—Student does most of the course work independently with a coach or mentor.
- Group—To be completed at school in a group format with a facilitator.
- Hybrid—A combination of self directed learning and group instruction.
- Live Instruction—Facilitator led digital curriculum, suitable for both in class or virtual.

COURSE INFORMATION

Author and Publisher: ACCI Lifeskills
Course Format: eLearning
Item Number: BIC 319
eLearning Length: 76 Slides
Scientific Model: Cognitive Restructuring

STANDARDS MET

MTSS Tier 2

PBIS

Restorative Practices

Evidence-based Practices

eLEARNING ACTIVITIES

- Narration
- Story Telling
- Animation
- Gamification
- Animated Thoughts
- Self Assessments
- Interactive Images

PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- Parent Enrollment
- Customized eLearning platform
- School Referral

Be your best self - without addiction