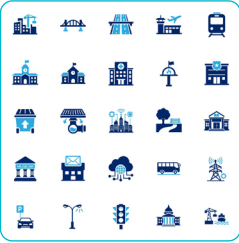


LIFESKILLS COURSE #L 515



Accessing Public Services



COURSE DESCRIPTION

The *Accessing Public Services* course will show you how to find, understand, and use public services with confidence. Students will learn where to look for resources, how to complete applications, what documents you may need, and how to communicate effectively with service providers. Public services are designed to help people overcome challenges and move toward greater independence. Knowing how to access them is a valuable life skill.



LEARNING OBJECTIVES & SKILL DEVELOPMENT

- Opportunity and Growth
- Personal Responsibility
- Positive Thinking Skills
- Goal Setting and Achievement



RECOMMENDED USES

- **Self-Directed**—Student does most of the course work independently with a coach or mentor.
- **Group**—To be completed in a group format with a facilitator.
- **Hybrid**—A combination of self directed learning and group instruction.



COURSE INFORMATION

Author and Publisher: ACCI Lifeskills

Course Format: eLearning

Item Number: L 515

eLearning Length: 212 Slides

Scientific Model: Cognitive Restructuring



COURSE CONTENT

Unit 1: Understanding Public Services

Gain an overview of public services and how they help.

Unit 2: Finding the Right Resources

You don't have to solve everything today. You just need to know what comes next and how to find it.

Unit 3: Applying for Services

Preparation and organization doesn't guarantee success, but it makes success much more likely.

Unit 4: Communicating and Solving Problems

You can be respectful and still stand up for yourself.

Unit 5: Building Long-Term Independence

Create a personal Independence Plan.



eLEARNING ACTIVITIES

- Narration & Story Telling
- Animated Thoughts
- Self Assessments
- Scenario Based Learning
- Focused Journaling
- Application and Skill Building

PURCHASE OPTIONS

- License to reprint
- Purchase individual courses
- eLearning License